

## **The New Zealand Guidelines for Helping People to Stop Smoking**

[\*The New Zealand Guidelines for Helping People to Stop Smoking\*](#) provide healthcare workers with advice they can use when dealing with people who smoke. The guidelines, published by the New Zealand Ministry of Health, are based on a recent review of the effectiveness and affordability of stop-smoking interventions. A range of supporting resources are also available. ANZCA endorsement: July 2014.